



BABY

# textile hammock cradle for babies

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## INSTRUCTIONS FOR USE

Dear Customer, Dear Parent, We are delighted that you have chosen our textile hammock cradle, which is designed for babies, including newborns. This is a product that we have made with love in the Czech Republic in partnership with Czech manufacturers and suppliers using high-quality materials. By purchasing this product, you are also supporting sheltered workshops. Thank you for your purchase!

The Hojdavak Team

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**Hojdavak Baby cradle** quickly calms your baby makes sure they get some much-needed quality sleep. The optional spring, which we recommend buying, provides rhythmic swinging (in an up-down direction). This was the same movement experienced by baby experienced when the mother was walking during pregnancy, which is why it makes the baby feel safe and calm.

In the cradle, the baby lies in a ball position – the back is slightly round and the legs are bent towards the body. This is how most physiotherapists recommend carrying a baby. It promotes the proper development of the spine and alleviates colic. The cradle allows both the baby and the mother to relax. The cradle gives the parent more time for themselves and the rest of the family.

Our cradle is TÜV certified, which means it complies with strict European standards on general product safety (European Community Directive 2001/95/EC).

**ČESKÁ VERZE KE STAŽENÍ NA:**  
**[WWW.HOJDAVAK.CZ](http://WWW.HOJDAVAK.CZ)**

**DEUTSCHE VERSION ZUM DOWNLOAD:**  
**[WWW.HOJDAVAK.DE](http://WWW.HOJDAVAK.DE)**



## INTENDED USE

The Hojdavak hammock cradle is used to rock babies, lull them to sleep, and enable them to doze. It may be used by newborns (but does not replace a cot).

Any methods and conditions of use other than those specified by us are not permitted! The cradle is not a toy. It must be handled only by an adult, and in the manner prescribed for use.

## SAFETY ALERT

- **Carefully read the instructions for use and use the product according to the instructions given**

Any modifications and changes to the product that have a negative impact on safety and health are not permitted. Do not hang the cradle near a fire or other heat sources.

- **Do not leave a baby unattended** – the cradle can only be used in the immediate presence of an adult from the moment the baby is able to sit or move in the hammock. The manufacturer is not responsible for any accidents. The cradle is not intended to be played with.
- **Do not exceed the permitted bearing capacity of 15 kg** – the cradle, including the spring, can be loaded to a maximum of 15 kg, otherwise there is a risk of damage.
- **Follow the safety instructions for the spring (if applicable)** – the spring can only be used with a properly installed safety rope that passes through the upper and lower snap-hooks and through the spring. The rope secures the cradle against overload or spring breakage. For more details, please refer to the instructions on the use of the spring.
- **Regularly check the condition of the ropes used** – they must be in perfect condition and free of mechanical wear and tear. If damage is detected, no matter how little, replace the rope immediately!
- **Regularly check the strength of the suspension** – the ceiling screw, the door-frame horizontal bar, separate stand and/or other components. Position the cradle only in places that will safely support the load. Avoid gypsum board ceilings or other similar types of wall-covering. Consult an anchoring specialist on how to suspend the hammock safely. Check the strength of the screws and brackets by conducting a load test using your own weight.
- **Packaging** – after the product has been unpacked, plastic bags and other packaging must be kept out of reach of children under 3 years of age.

## CONTENTS OF PACKAGING

- Textile bag with an Öko-Tex Standard 100, class 1 health certificate; dimensions of the bag at the bedding point: standard 90 cm, XL 120 cm
- Foam mattress: standard 35 × 75 cm, XL 35 × 95 cm
- Wooden spacer made of hard beech: standard 52 × 4 cm, XL 55 × 5 cm
- Snap-hook
- Pull rope
- Kept in a textile bag with a zip



## PRODUCT DESCRIPTION



## MAINTENANCE

The textile bag can be washed at 40°C. The mattress cannot be washed because of the buckwheat husks (variant standard). If stained, it can be cleaned with a damp cloth. Therefore, it is necessary to protect it with a case – see the organic case available. The product has a useful life of at least 2 years.

## DISPOSAL

Disposing of the product if it becomes irreparably damaged or at the end of its useful life – the product must be disassembled and separated into its individual parts, components and materials. These are disposed of in accordance with laws and regulations applicable at the time of disposal.

## WHERE TO HANG IT

The cradle needs to be positioned correctly in order for it to work properly! Install it somewhere you spend a lot of time during the day so that the baby is always in your sight. Somewhere enabling you to sit by the cradle and rock it comfortably. This will let take care of any other children, read or work on a laptop while rocking the baby.

## HOW TO HANG IT

The cradle can be suspended from any secure anchor, such as a screw installed in the ceiling, a door-frame horizontal bar, a separate stand or any other fixed element that can safely support the load (stairs, beams, a tree branch, etc.).

The suspension point must be at least 190 cm above the ground,

including the Baby Spring, so that there is sufficient space to swing the cradle comfortable during the entire period of use for the first 9 months for a standard baby weight. Dimensions of the Hojdavak Baby cradle: see Figure 3 on Page 5. A higher

suspension point will require a rope to extend the length. Hang the cradle at a height at which you can comfortably put the baby into the cradle and at the same time there is enough space from the ground for comfortable swinging. Tie the rope to extend the hanging in such a way

that it does

not fray at the attachment point. A cow hitch and one-way knots are advisable; see Figure 1. Consult an anchorage

specialist for safe installation of the anchor. There are many ways to do this, depending on the possibilities available to you and your preferences. Our suspension methods can be found on the e-shop under “Hammock Suspension”.

Figure 1



**Figure 2: RUN A TEST!**



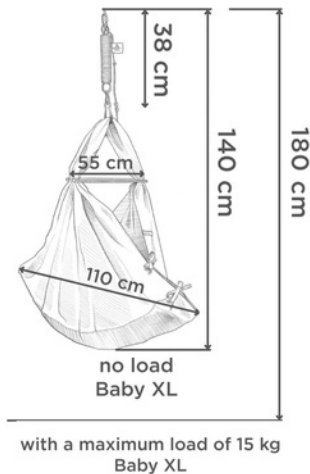
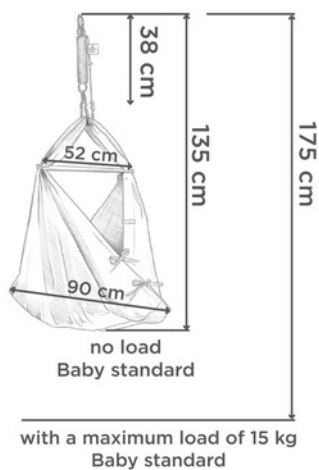
Run a test to make sure the cradle is correctly installed before using it for the first time and whenever the safety rope is handled.

- 1 **Take the large snap-hook under the spring and, using downward pressure, pull the spring as much as the safety rope allows.**
- 2 **The cradle must still be hanging above the ground when the spring is fully extended.**

**If the cradle touches the ground, shorten the safety rope by sliding both knots up closer to the spring.**

**Repeat the test!**

**Figure 3 : DIMENSIONS OF THE CRADLE WITH SPRING UNDER DIFFERENT LOADS IN INACTIVE STATE**



## CRADLE ASSEMBLY

1

Prepare a firm anchor to hang the cradle (screw, stand, etc.). If the anchor is more than 200 cm above the ground, use an extra rope for additional length so that the cradle does not hang too high and you can comfortably put the baby into the cradle. You can buy an extra rope from our e-shop under the "Hammock Suspension" section.



2

Take the spring (if used) and check that the safety rope is properly installed. It must pass through the upper and lower snap-hook and through the spring. Its ends are firmly tied with a knot. **Never use the spring without the safety rope!** More information can be found in the spring instructions, downloadable from the [Hojdakov.cz](http://Hojdakov.cz) website. Insert the connecting piece into the prepared anchor or rope and screw it in.

3

Take the large snap-hook from the Baby Hojdavak package and put it into the spring's small snap-hook with a screw opening, or into the prepared anchor or rope (if you are not using the spring).

4

Take the textile bag and gradually gather the cloth at the top of the fold and put it into the snap-hook. Close the snap-hook. The baby is placed in the bag from the side with the laces.

5

Put the mattress (with the buckwheat husk on top - variant standard) in the bag up to the top (back) edge.

6

Spread the sides of the bag evenly and insert the wooden spacers (bars) into the grooves.

7

Make a loop on both sides of the pull rope and insert one of them into the snap-hook. Swing the cradle with the spring by pulling the pull rope downwards.

8

Position the baby so that the baby's head is near the top edge. This ensures that the head is slightly elevated. Then tie the strings together in a bow.

9

**Final step - run the test shown in Figure 2, Page 5, to ensure that the cradle remains suspended above the ground when the spring is fully extended.**